

Medi-Body Packs for Home Use

Explanation

Any time there is an injury or insult to the body, in that moment, the normal flow of electrical energy through the meridians and the nerve energy in that area was damaged. As the years go by, that area is accumulating too much electrical charge and toxins. Eventually, especially after 5 years or more, the area starts to radiate outward and starts weakening any organ or gland or part of the body in its pathway. At that point, we call the location of the original injury an interference field, because it is reflexing to and interfering with another part of the body.

The older the injury, the more time it's had to accumulate blockage and the further it can reach and reflex to other areas.

Old injuries that create interference fields generally include:

Surgeries, especially those leaving a scar, broken bones, vaccinations, other scars, tattoos, head trauma, blows to the body such as in sports or car accidents such as whiplash, falling on tailbone, getting hit in the head.

The worse the injury and longer ago it occurred, the further it can reflex in the body. Head trauma can be 15 times more impactful than anywhere else and can reflex anywhere in the body and of course to the brain itself.

Some of the many possible examples:

- C-section weakening the stomach and colon.
- Episiotomy reflexing to the kidneys.
- Vasectomy affecting the prostate.
- Nose surgery affecting the stomach and/or eyes.
- Whiplash reflexing to thyroid.
- Tailbone affecting the neck and/or bladder.
- Knee reflexing to foot or shoulder.

Interference fields are one of the underlying causes of illness that modern medicine knows nothing about. We may be the only culture that doesn't have an ancient history of using mud therapeutically on the body. But a few applications of a properly designed mud pack can pull out toxins exogenously, clear the blockage so that it is no longer an interference field weakening other parts of the body.

The mud packs won't necessarily make you better. Supplements (that test strong) targeted to the underlying causes are usually necessary to address what is wrong and bring you to full health. The packs remove one of the underlying causes that has been weakening you and making each affected area more susceptible to the effects of toxicity, infection, etc. So the supplements will make you stronger. Then, once the packs have been completed, you are more likely to stay strong with fewer supplements, perhaps just a maintenance level.

Basic Procedure

Medi-Body Pack Directions

Note: The Medi-Body Pack may stain clothing; therefore, please wear old clothing when doing a pack.

1. Preparation: Mix 4 tablespoons of Medi-Body Pack with Medi-Mineral Serum (add slowly and use whatever it takes) to make a pudding-like paste (or mud).

2. Cleansing Drink: Open 1 Capsule of Medi-Clay-FX in water and drink right before pack(s). Drink 2 tablespoons of AloePro in 2 oz. of water and/or take 1 Capsule of AloeMannan in your mouth, right before and after each pack. Additional extremely beneficial option: Use the QCI Vial before and after.

3. Application: Apply the “mud” mixture to the selected target and reflex areas (half on one spot and half on the other, to clear the “short circuit” between them). Leave on for 20 minutes. Do no activity during this time - no talking, reading, watching TV, etc... Just relax and rest.

4. Wash Off: Next, wipe off mud and clean target area with water. Do not re-use the mud as it will have absorbed undesirable impurities during the packing session.

Please follow these guidelines:

- Do the packs early in the day. Morning is ideal. Not after sundown.
- Only pack one area of the body and its associated reflex point at a time. Do not pack an area much larger than the palm of your hand. We want to focus the healing energy of the body on a small area to be effective. If it's a larger scar or injury, divide it up into multiple packs, one at a time.
- You may do up to 3 packs in one day, consecutively one at a time. Do a different target area each time. If you feel tired or weak after a pack, then let that be your last pack of the day. (Otherwise the others won't clear properly). After doing a pack, you might experience a mild, temporary flushing/heating reaction of the skin that is typically a good sign if it occurs and is due to the pack's cleansing effects.
- How this works: The mud is pulling toxins out of the target areas and also inducing these areas to release toxins and blocked energy internally. The toxins released internally will make their way out of the body via the digestive system, which is why the Cleansing drink is important. It ensures the digestive system is strong enough that day to handle the extra toxins being released. Otherwise, the spot might not clear (and would require more packs) and you could feel lousy that day. Some toxins & energetic blockage will clear via the meridians which all exit via the feet, so doing the foot bath pulls the rest of them out and prevents the meridians from jamming up.
- Skip at least one day between doing packs. The fastest you can pack is every other day. Give the body a day off. You can skip more days if you like. You can pack just once a week if you like. You just want to keep doing them until you get through all the packs, the given number of times suggested for each target area, sooner than later.

5. Medi-Body Foot Bath: (Detoxifying, full-body toxin chelation with electrolyte replacement)

This gentle, but deeply purifying foot bath directly pulls out toxins that have been internally released from using the Medi-Body Pack. Although it is a foot bath, the high resonance of the clay- mineral- herbal combination is able to chelate toxins from pathways in the entire body. It is especially important after using the Medi-Body Pack to avoid other areas of the body from “jamming” after a detox session.

- a. Mix 1 cup of Medi-Body Bath and 12 cups of hot water in a foot-size, plastic container (non-metallic).
- b. Mix the powder into the water with your hand. Optional: add 4 drops of Q. Limonene Complex or 2 sprays of Pr. Eucalyptus Spray into the water for increased quantum cellular resonance.
- c. Soak feet for 10 minutes, then towel dry. When finished, throw out the soak water. (Do not re-use.)

Interference Fields

Please pack the indicated areas:

1) 4 Download Areas

- Left foot (top / bottom)
- Right foot (top / bottom)
- Left hand (palm / back)
- Right hand (palm / back)

2) Vaccination Sites (The nearest Download Area should test strong first. Otherwise, pack it first)

Vaccination Site: _____
Vaccination Site: _____

3) Target Areas (Interference Fields)

- 1. Target Area: _____ Reflex Area: _____
- 2. Target Area: _____ Reflex Area: _____
- 3. Target Area: _____ Reflex Area: _____
- 4. Target Area: _____ Reflex Area: _____
- 5. Target Area: _____ Reflex Area: _____
- 6. Target Area: _____ Reflex Area: _____
- 7. Target Area: _____ Reflex Area: _____
- 8. Target Area: _____ Reflex Area: _____
- 9. Target Area: _____ Reflex Area: _____
- 10. Target Area: _____ Reflex Area: _____